

Wheat -Free dōTERRA Dog Treats

- ❑ 1 large banana, mashed
- ❑ 3 heaped tablespoons smooth peanut butter
- ❑ 1 large egg
- ❑ 2 cups besan flour
- ❑ ¼ cup flax seeds
- ❑ 3–5 drops dōTERRA OnGuard and DigestZen oils
 - Combine banana, peanut butter and egg. In a separate bowl, combine flour and flax seeds. Mix wet and dry ingredients.
 - Add essential oils
 - Roll out dough on floured surface to 6mm and use cookie cutter to make cookie shape of your choice.
 - Bake cookies 160°C for 25–30 minutes or until golden brown.
 - Cool and store up to 2 weeks in an airtight container 😊

